

Holy Trinity Primary School Lunch Menu – Weeks 1, 4, 7, 10 & 13

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Braised Lamb topped with Mash Potato	Spinach & Ricotta Tortellini with sage and butter Garlic Bread	Cumberland Sausages and onion gravy	Fajitas with Beef/Chicken fillings (See below)	White fish fillet tails/Salmon fish fingers
Main vegetarian dish	Pan fried Summer Vegetables with Cannelloni Beans and a Potato top.		Linda McCartney Vegetable sausages	Bean & Quorn Chilli	Stuffed Half Peppers with couscous with a Cheddar Cheese top
Starchy side dish	Included in dish	Included in dish	Mash potato	Included in dish	Potato Fries
Vegetable	Roasted Mediterranean Vegetable Medley	Spinach with bacon Spinach without bacon	Green Beans and Baby Carrots	Lettuce, grated cheese, slice peppers, grilled onions salad bar	Minted Peas
Salad	Tomato & Cucumber Artichoke & Zucchini Assorted Salads	Tomato & Cucumber Cous Cous Salad Assorted Salads	Tomato & Cucumber Waldorf salad Assorted Salads	Tomato & Cucumber Potato Salad Assorted Salads	Tomato & Cucumber Coleslaw Assorted Salads
Dessert	Fresh Fruit Yoghurt (50% fruit content)	Frozen Yogurt	Pear Crumble with custard	Blackcurrant Jelly with ice cream	Fresh Fruit Salad
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

Holy Trinity Primary School Lunch Menu – Weeks 2, 5, 8 & 11

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Macaroni Cheese with Smoked Chicken	Fresh Beef Burgers in a Brioche Bun with fillings	Stir Fry Beef in Teriyaki Sauce	Pulled Pork Tacos Spicy Black Bean Tacos	Cod Fish Fingers/Salmon Fish Fingers with Tartare/Tomato Sauce
Main vegetarian dish	Cauliflower and Macaroni Cheese bake	Vegetable Burgers in a Brioche Bun with fillings	Stir fry veg and Quorn in Teriyaki Sauce		Spanish Omelette
Starchy side dish	Included in dish	French Fries	Rice with lime and coriander	Included in dish	Seasoned Wedges
Vegetable	Split Green Beans	See Salads	Sugar snaps	Corn on the cob	Baby Carrots and peas
Salad	Tomato & Cucumber Couscous Salad Assorted Salads	Slice tomatoes, beetroot, lettuce, slice cheese, Potato Salad Coleslaw	Tomato & Cucumber Red Cabbage Slaw Assorted Salads	Fillings Tomato, lettuce, grilled onions, sour cream Potato Salad Coleslaw	Tomato & Cucumber Roasted Veg Salad Assorted Salads
Dessert	Fruit Yogurt (50% Fruit Content)	Passion fruit Friands, whipped cream	Joseph Chocolate Brownies with Chocolate sauce	Lime Jelly with Ice cream	Fresh Fruit Salad
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk

Holy Trinity Primary School Lunch Menu – Weeks 3, 6, 9 & 12

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	Jerk Seasoned Roasted Chicken Breast/Drumsticks with gravy	Pizza pepperoni, slice peppers, olives, onions	Jacket potato	Lasagne	Pollock fillet tails/Salmon Fish fingers
Main vegetarian dish	Double Bean and Roasted Pepper chilli	Pizza margarita, slice peppers, olives onions	Jacket Potato	Vegetarian Lasagne	Sweetcorn and Courgette Fritters – Sour Cream Dressing
Starchy side dish	Jollof/Plain Rice	Wedges	Included in dish	Included in dish	French fries
Vegetable	Roasted Vegetable Medley	Slice Carrots and Split green Beans	Baked Beans, Grated Cheese, Tuna mayo, bacon bits, grilled onions, sour cream	Mix Vegetables	Sweetcorn and peas
Salad	Tomato & Cucumber Red Cabbage Slaw Assorted Salads	Tomato & Cucumber Artichoke & Zucchini Assorted Salads	Tomato & Cucumber Coleslaw Assorted Salads	Tomato & Cucumber Waldorf Salad Assorted Salads	Tomato & Cucumber Pasta Salad
Dessert	Fruit Yogurt (50% Fruit Content)	Chocolate Mousse	Lemon Slice and custard	Strawberry Jelly and ice cream	Fresh Fruit Salad
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk